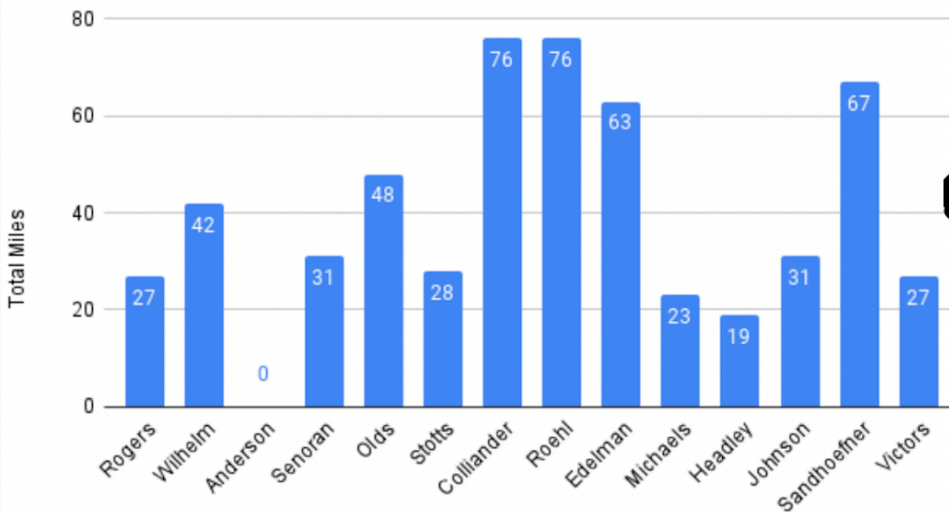




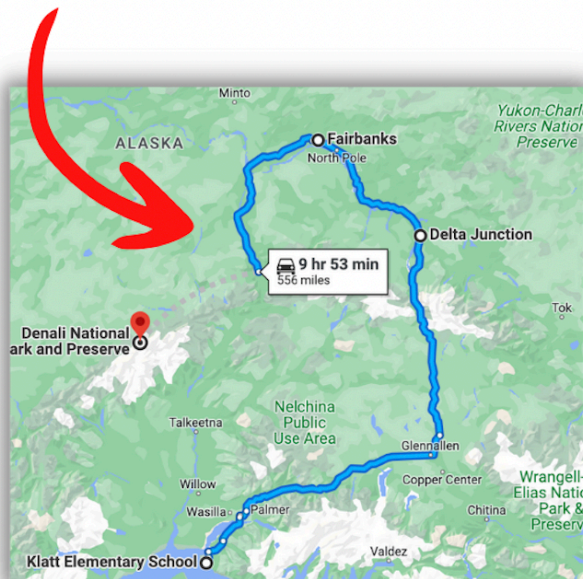
Prowling Pumas

Week ONE Prowling Pumas Stats:



"What are you all doing? Running laps for your mental health?"
- Klatt 4th grade student

Grand Total: 558 miles



*that's equivalent to driving from Klatt to Delta Junction to Fairbanks & then to Denali!

How can you support our Prowling Pumas??

- Pass out beads to reinforce positive behaviors you're seeing in class, hallways, the lunchroom, etc!
 - a tangible reward/acknowledgement of positive behaviors
 - they look awesome between toe tokens
- Ask students about their goals - how many laps will they do today? How many until their next toe token?
- Take your class out to do laps for brain breaks
 - Let me know if you want a kit with popsicle sticks, toe tokens, a tracking page & spacer beads!
- Set a class goal each week
- Come cheer on students, jog with them, pass out popsicle sticks or help track laps during recess
- Encourage students to wear their necklaces during the day, but to store them somewhere safe when they leave school
- Reinforce - Prowling Pumas are:
 - **Respectful + Responsible + Safe**